

## Earthquake Survival Kits

Southern California is an area in which earthquakes are a fact of life. In order to prepare for and to better cope with the possibility of an earthquake, we practice safety drills in the classroom. In addition, in the event an earthquake happens during school hours and with the possibility of an overnight stay at school, we wish to take further precautions.

Each student is required to provide a personal earthquake survival kit, which must be received at school on the ***First Day of School***. The kits should be labeled with the student's name, grade and room number, and will be stored in an area which will be easily accessible in the event of an emergency. At the end of the school year, unused kits will be returned.

As a convenience, we are providing you the option of purchasing a prepackaged emergency kit. Each kit meets the Red Cross standards for 72-hour survival, and has a shelf-life of 5 years. In other words, this \$20 kit will last for 5 school years, or \$4.00 per year. You may still choose to put together your own survival kit, as in previous years. In either case, you are welcome to include a photo and/or reassuring note to your child.

**Option A - Prepackaged Earthquake Survival Kit – Buy new (Cost approx. \$20 - info below) or bring in previously purchased (up to the 5 year expiration date)**

*Includes:*

- ER Food Bars (3 days for 1 person)
- Water Boxes with Straws (3 days for 1 person)
- Thermal Blanket (NASA designed)
- Tissue Pack (to maintain sanitary conditions)
- Light Stick (12 hour)
- 33-Piece First Aid Kit (antiseptics, bandages, etc.)
- Lunchbox-Style Container (for easy storage)

*\* If interested, please visit **www.quakekare.com** and click the “School Kits” link to select the “1 Person Economy Lunchbox Survival Kit.” Be sure to allow enough time for delivery before the start of school.*

**Option B - Do-It-Yourself Earthquake Survival Kit - Cost Varies**

*Must Include:*

- 3 - 6 oz. Cans of Meat (tuna, chicken, etc.) with pull-top
- 3 - Fruit Cups with pull-top
- 3 - Cracker Snack Packs (cheese or peanut butter)
- 3 - Cans of Juice (not paper cartons) with pull-tops
- Plastic Spoon
- Tissue Pack (mini)
- 6 Towelettes (moist, individually wrapped)
- Emergency Blanket (pocket-size, available at Wal-Mart, Target, etc.)
- Mini First Aid Kit (antiseptics, bandages, etc.)
- Large Ziploc Bag (for storing items)

### **Students with Special Health Needs**

Whether ordering the prepackaged kit or making your own, please provide a 3-day supply of your child's medication (except those that require refrigeration).